Ballinteer St Johns Mentors Meeting 14th April 2021



Agenda

•	Introduction	Darren
•	Co-Ordinators, Facilities & Pitch Booking	Darren H
•	Return to Play	Dermot
•	Games Committee	Paraic
•	GPO	Donal
•	Membership Policy	Mary
•	Physiotherapy/Concussion/ Health and Well being/Insurance	Elaine

Garda Vetting/Child Protection
 Sue

Fundraising / Finance / Communications
 Niall

New Website Mairead

Parental Involvement – Volunteering Darren

Shop / Branding / Q&A
 Darren



Co-ordinators and Facilities

Club Co-Ordinators: Your first Point of Contact for Queries				
Adult Football	Darren Chambers/Alan Garvin (Interim)			
Adult Hurling	Ken Sheehan			
Ladies Football	Paul Leahy			
Camogie	(Open Position)			
CCC2 Boys	Morgan O'Sullivan (F) Sean Lane (H)			
CCC2 Girls	Keith O'Meara (LF) John Wall (C)			
CCC1 Boys	Eoin Walsh			
CCC1 Girls	Charlotte Brenner/Darren Hedden			
Nursery	Cian Duffy			

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Saturday Morning Pitches (Pre 2pm) CCC1 & Nursery	Darren Hedden & Tony Scanlon
Saturday Afternoon Pitches (Post 2pm)	Damien Regan, Stephen Ryan, John Wall , Keith O'Meara
Sunday Pitch Coordination	CCC2 / Adult Coordinators
Ref Co-Ordinators	Christy Merriman, Betsy Kenneally (C) Open Position (LF)

REMEMBER: Requirement to inform secretary of any challenge/friendly matches.



Grass Pitches

GSNS

- We've gained extra grass with addition of GSNS
- Available Tues / Thurs and weekend (at present)
- Now fitted with lights to help across the winter months
- Portable equipment to be purchased now we have lock up

Loreto

- Chicken coup now stocked with portable goals (3 sets), step ladder and secure container for net / flags
- Always secure the coup when you leave!

Marlay

- To protect / reduce deterioration of P2, Exec decision that only adult teams can train / play on this pitch
- **For all pitches**, if you see an issue, report it. We have a "trained" craic team who can help fix potholes etc.
- Always use correct nets and use ladders provided







Equipment

- <u>ALWAYS</u> leave equipment as you expect to find it
- ALWAYS report any issues to your coordinator
- ALWAYS Use designated net bags. (colour coded and labelled)

Housekeeping

- P2 only to be used for adult matches / training to help preserve
- Always carry net bags, and use bins to transport flags and net weights
- Respect and Return System only works if you respect and return, so always
 put nets in their dedicated bag, and store in designated area
- Assign a pitch / equipment lead who will be responsible for equipment and coordinate set up / set down.
- Report any issues pitch conditions. We can try and get it resolved
- CLEAN AS YOU GO: ALWAYS clean up after your match





Report equipment issues to coordinator / pitch coordinator whatsapp



Pitch Booking - looking ahead

Co-ordinators and Facilities

All Weather Pitch

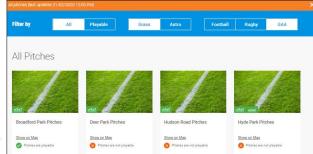
- Spreadsheet/Calendar outlines training slots
- Rotate across the Main AWP & Juvenile AWP
- To book/query go through pitch coordinators
- BCS School Car Park MUST NOT be used by BSJ
- Parents MAY NOT drive into BCS to drop or collect.

| Ballinteer St. Johns | Coursen Naomic Ecolor Balle and Escar | Ecolor

Plan B: What happens when the Pitches are Off!

- Kicks in post pitch declaration (circa 12:30 Friday)
- Saturday pre 2pm CCC1 Games
- Post 2pm CCC2 / Senior Games
- Protocol in place re clashes in fixtures
- Flexibility can help make it





Remember, it's generally only chaotic with pitches in early part of year, so bear with us all!



Return to Play

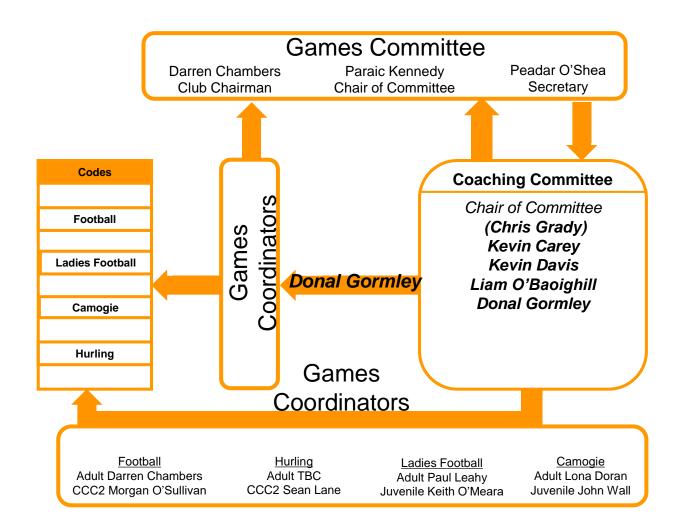
- Guidelines Not issued as yet....
- Arriving and Leaving Pitches and Training areas
- Take it easy
- Ensure Garda Vetting and Child Safeguarding are up to date
- Covid 19 Supervisors & Return to Play
- Equipment & Club Colours



BSJ Games Committee

The role of the Committee includes

- Review and support the appointment of Managers and Mentors for all teams within the scope of the Committee.
- Working with management teams to agree performance targets and review at regular intervals and reporting on this to the Executive.
- Considering appropriate interventions to improve performance of teams as appropriate and as agreed with the Club Chairman. Interventions may include allocation of Adult Player to the Mentoring Team, allocation of Performance Assessor to provide feedback to team manager and the Games Committee.
- Ensuring that towards year end a discussion on the transition to minor ranks and to adult ranks takes place and that actions are initiated to ensure the most effective player transitioning.
- Developing and overseeing implementation of club wide Playing and Coaching Strategies. Establishing the Strategic Coaching Group.
- Considering other games related issues at the request of the Chairman





SCG- Progress Update

- Webinars "Monday Night Coaching" Coaching now on agenda and feedback very positive
 - Aine McNamara Associate Prof. in elite performance (attendance: c. 60nr)
 - Paudie Butler Former National Hurling Coordinator (attendance: c.70nr)
 - Paraic McDonald Coaching Director Kilamcud Crokes (attendance: c. 65nr)
- TURAS: plans for further practical session roll out DG
- S&C: process embedded & roll out is ongoing; good example of cross team collaboration and sharing
- Ladies coaching Whatsapp group: sharing drills & coaching Info etc.
- Skills Development / Assessments: Process agreed; roll out pilot plan in place vis a vis "return to pitch"
- Coaching Content sharing Site; (DH WIP)
- All priorities driven by feedback from coaches attending webinars



Games Committee & SCG Priorities/Next Steps

- The club is an integral and vital part of the community Tell our Story!
- Values, Behaviours, Culture workstream: Sponsor and agree timeline / terms of reference etc – WIP (POS)
- Executive approve / sponsor overall coaching philosophy proposed and sell it to members!
- Review process for retention and development of coaches
- Review of coaching structures and roles / responsibilities eg GPO; define clearly what all are supposed to do and when; (eg. – things like)
 - Coach recruitment / training; establish minimum standards and means to assess continually
 - Movement of players between ages; Playing up rules (big source of conflict)
 - Coaches moving with teams (or not)
 - Player Pathway
 - All Policies are written and available all complete for edit/review/amend
 - All Roles/Responsibilities for each club official are all written and available for review
- Communicating the 'BSJ Way'- Orange Guide
 - List of other specific "games based" proposed sessions; roll out to be agreed when return to pitch dates know (more practical sessions)
 - Coaching Session Template and training; next on agenda (BSJ-GK Group Set Up)
 - Goalkeeper specific coaching WIP



GPO

- Schools
- Nursery
- Training support
- Workshops & Coaching Courses
- Strength & Conditioning
- Mini All-Irelands:
 Summer Camps:
- National Feile



Membership Policy

- All Player, Mentors and Committee members must register as club members
- All Players, Mentors and Committee members must be registered with the relevant Boards i.e. GAA LGFA and Camogie
- Once a member is paid up we register them with the appropriate Board
- Some team have already been provided with their Team sheets, all Juvenile and Minor teams will be provided with their team sheets over the next week
- Each team need to check the sheets and advise of any additions or deletions for both Players and Mentors
- TO add a player/mentor during the year PLEASE send email to <u>registrations@bsjgaa.com</u> Allowing a minimum of 48 hours notice to ensure registration with the appropriate board

Each Board have laid down strict guidelines that all must be Registered prior to return to Play (includes non contact training)



Membership Policy

- Breach of Board Codes of Practice and guidelines including non Registration can mean
 - Suspension
 - Team disqualified from that competition
 - Club Chairman and Secretary suspended
 - Club Fined
- Unregistered player cannot participate in <u>TRAINING</u> or <u>PLAY IN MATCHES</u>, not only will the
 above potential sanctions apply but there is no Insurance in the event of injury
- To date we have collected just shy of 45% for the 2021 year. In 2019 and 2020 over 99% payments were received, It should be noted that Membership fees only pay a % of the clubs playing costs in 2019 it was approx. 51% and in 2020 approx. 75% of playing cost.
- No one will be turned away due to being in financial difficulties, if you know anyone in this situation contact encourage them to contact <u>registrations@bsjgaa.com</u> the matter will be dealt with in a confidential and respectful manner.

Thank you to all who have paid to date and the Mentors that have assisted in collecting the Fees



Health and Wellbeing

- Club now has a Health and Wellbeing Officer Elaine Dolan. Some of the events we support include:
- Pieta House
- Players Forum
- Darkness Into Light in previous years and hopefully again in the future



Physiotherapy

- Brian O Rourke chartered physiotherapist
- Bookings currently can be made via phone 087-1311373
- Details will be added to the club website
- Club clinic each Monday evening
- Appointments made directly with therapist
- Cost €35

Concussion

- Is a brain injury and can be caused by a direct or indirect hit to the players head or body
- —Typically results in immediate onset of short lived signs and symptoms
- In some cases signs and symptoms may evolve over a number of minutes, hours or days
- TAKE THE PLAYER OFF Take no chances, call an ambulance if patient loses consciousness, seek medical advice in all cases
 - Never allow the player return to play on day of injury
 - Follow the Return to Play Protocols with support of medical advice
 - The brain needs both physical and cognitive rest



Concussion REST = RECOVER

- Always seek medical advice
- Resources for Players/Mentors/Families
 - Acquired Brain Injury Irelandhttps://www.abiireland.ie/?s=concussion
 - Official GAA Websitehttps://learning.gaa.ie/Concussion
 - Ballinteer St Johns
 https://www.ballinteerstjohns.com/welfare/concussio
 ns-protocol/



Helpful information

- There are 2 HSE rapid injury units both open 7 days per week
- North city Mater rapid injury Smithfield
- South city Loughlinstown Hospital.
- Charge €75
- These units deal with minor injuries and if necessary will refer directly to specialist services in Mater/ St Vincent's.
- These units are a cost effective alternative to Swift Dundrum and Laya Cherrywood . Open 8am-10pm. Expensive for non policy holders.
- St Michael's Hospital Dun Laoghaire has an A+E open 7 days per week 8am - 8m and tends to be much less busy than the larger hospitals. Charge €100.
- In all cases of concussion we recommend that all players attend A+E to be assessed by a trauma team who will provide expert care



Insurance Claims

Ladies Board

- www.dublinladiesgaelic.ie
- Preliminary claim form MUST be submitted to Rosemarie Coyle, Croke Park,
 Dublin 3 within 8 weeks of injury Email rosemarie@ladiesgaelic.ie
 Phone 8363156

Camogie

Forms available on http://www.camogie.ie/insurance.asp

Please try have relevant forms in your First Aid Kit



Insurance Claims

- St John's Claims Administrator :
- Nicholas O'Connor Mobile: 087 2833644
- Email: <u>injuryfund.ballinteerstjohns.dublin@gaa.ie</u>
- Claim Form: http://www.gaa.ie/my-gaa/administrators/gaa-injury-benefit-fund
- Information Booklet: www.gaa.ie/news/gaa-injury-benefit-fund

Please try have relevant forms in your First Aid Kit



CHILD PROTECTION BSJ

CLUB CHILDREN'S OFFICER (CCO) Sue McDonnell DESIGNATED LIAISON PERSON (DLP)

Darren Chambers

Promote the establishment of a child and youth centred ethos in our club



Requirement for all mentors prior to April 26th

Current mentors:

- Registered with BSJ
- Garda vetted (3 years)
- Child Safeguarding (3 years)
- Foundation coaching course

New mentors:

- Application and approval required
- Vetting, Safeguarding and coaching

Achieve compliance with the GAA



Garda vetting:

- Anyone involved with children under age of 18
- How to get vetted:

BSJ website: → Welfare → Garda eVetting → step 1

Step 1: GAA eVetting ID form – completed form, evidence of address and photo ID to BSJ Childrens' Officer

Step 2: Online application to GAA (Flowforma link) CCO

Step 3: NVB application form – respond ASAP (Expires)

Once completed, you and club secretary should receive

letter of vetting confirmation – lasts for 3 years only



Child Safeguarding

Safeguarding 1 workshop:

- Face-to-face / Virtual (Waiting list due to backlog with increased demand in 2021)
- Safeguarding 1 refresher expired cert (3 years)
- Safeguarding 1 online (temporary) awaiting workshop. Will expire Dec '21
- Every mentor MUST have an in date cert before return to play.



Contact details

Sue McDonnell (086) 3219377

Email:

Childrensofficer.ballinteerstjohns.Dublin@gaa.ie

Email vetting letters and certs to Club Children's Officer



Fundraising

- It costs approx. €350k per annum to run the club
- Made up from Registrations, Lotto and draws, Bingo, Summer Camps, Club Hire, Bar, Shop and Fundraising
- Team Finance Committee
- Fundraising Policy
- Key Relationships Centra, AIG and Lisney
- Club Sponsors Bol Online Payments
- Clothes Bins
- National Club Draw
- Concerts



Treasurer

- We need mentors help with registrations for 2021
- Registrar will distribute lists of payments made/due
- Club pays insurance, affiliation fees when player is registered
- Fees pay insurance, affiliation, equipment, pitch rental, floodlighting, pitch maintenance, referees fees, GPO costs
- Important that fees are paid
 - No fee no insurance puts mentors and the club at risk
 - Club finances impacted by covid
 - Financial difficulty please contact registrar



Team Finance Account

- To safeguard club funds raised by individual teams
- Money raised by the club or an individual team must be accounted for
- Executive have a legal responsibility to safeguard funds raised in the club's name and to ensure that they are spent on GAA related activities
- NO EXCEPTIONS TO THIS RULE
- 10% contribution from funds goes to the club central costs
- kieranduffybsj54@gmail.com









457 Stamp Cards Collected

Reward Earned:



€4,000



A big THANK YOU to everyone who contributed to this initiative



Juvenile Team Sponsorship

- Up until now Jersey Sponsorship has been the main sponsorship option for Juvenile Teams
- Introducing new Juvenile Team Sponsorship Options
- A range of sponsorship options for businesses all designed to contribute towards juvenile team running costs. Provides transparency as to what funds are required and where funds will be spent
- Sponsors will benefit from their logo on Team sponsorship section of our website, announcements of their sponsorship in our news blog and in sponsor updates on social media
- We will promote Juvenile Team sponsorship options on our social media to widen audience and attract potential sponsor



Juvenile Team Sponsorship

Jersey Sponsor. From €1000.

Your company's brand on a Juvenile Team jersey which will be used by the team for 2 years. After this time, it may be passed on to younger teams, providing extended brand exposure.

Team Training Bibs and Mentor Bibs Sponsorship. From €500

Training bibs and Mentor bibs provide a great opportunity for brand exposure both at training and matches.

Team Building Sponsorship. €250 / €500 / €1000

Each team aims to do at least one team building event each year. We are providing a number of options to businesses to sponsor team building.

Agility Equipment Sponsorship. €500

Agility and athletic development training is an important part of team training. Sponsoring this area is an opportunity to support this vital area

• First Aid Sponsorship. €250 per team

First aid sponsorship will be a vital contribution towards the costs of ice packs and other first aid pack requirements for a team during the season



Communications - Team News

- During 2020 we introduced "Match Build" up announcing matches across all codes and all age groups
- We also introduced the "Match Round Up" newsletter
- Plan is to continue promoting this type of contents through 2021 but to use our News blog on the website instead of a newsletter production
- We will still have social media updates linking to the news blog
- Thank you to all mentors and parents who contributed match reports, updates and photos last year. It was brilliant and really well received.
- With your continued support we will continue this into 2021



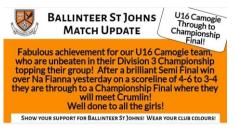
Communications

Thank you for all your contributions over the past year.

It was really appreciated by all our followers across our social media channels.

We look forward to all your team news and updates for 2021.

Please send your team news and updates to Pro.ballinteerstjohns.Dublin@gaa.ie









SHOW YOUR SUPPORT FOR BALLINTEER ST JOHNS! WEAR YOUR CLUB COLOURS!



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U16A Football Team are through to Quarter Finals of A Championship after an

BSJ UL6 Football team have negotiated their way to the quarter finals of the A Championship after 5-11 to 1-14 victory over NaFianna in their 3rd group game. BSJ had had to re-group after previously losing narrowly by 3points to St. Judes in their 2nd game. BSJ made their intentions clear to NaFianna with a goal in the opening minutes from Oisin

BSJ had had to re-group after previously losing narrowly by 3points to St. Judes in their 2nd game. BSJ made their intentions clear to NaFianna with a goal in the opening minutes from Olsin McHugh, NaFianna responded with series of points, However BSJ maintained control supportee by 2 further 1st half goals from Mark McNally & Matthew Gardiner to maintain a strong lead for the home team.

The 2nd half continued in a similar manner. BSJ were able to maintain the lead by winning the individual duals across the piloth, maintaining discipline and attacking with real pace. The victory was made sweeter by having the opportunity to play on Pitch 1 with the senior team playing in parallel on pitch 2. The Leam are looking forward to guarter final state, on the 12th Sentember properties.





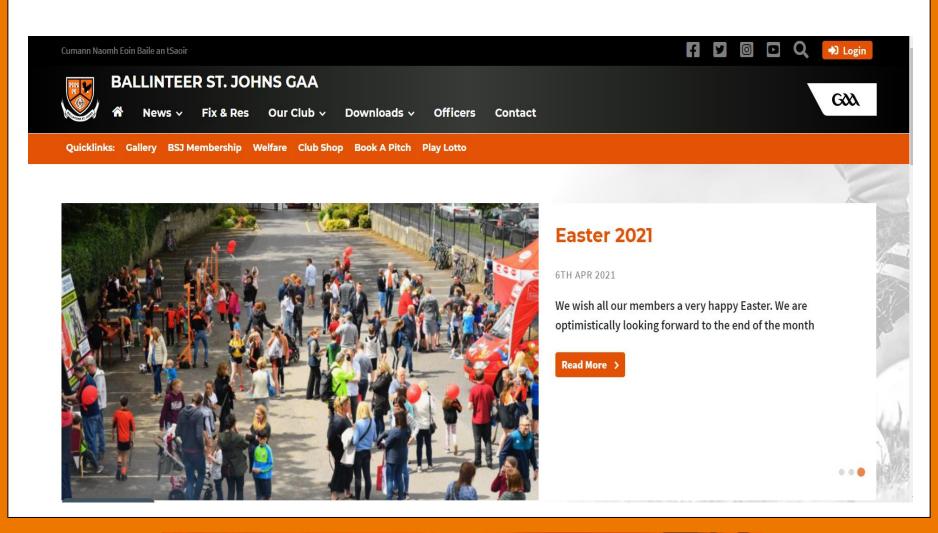
THIS MATCH WILL BE LIVE STREAMED WITH COMMENTARY BY DECLAN DRAKE

We wish the team and all involved the very best of luck in





New Website





Branding – Shop and Club Gear

- Refreshed display and promotion of Club gear and special offers
- Credit Card payment facility
- New Club Gear and merchandise Supports and Builds our brand presence on and off the field
- New Club Gear Nursery Kit and Mentors Pack
- Pop up Shop at Nursery, combined with pop up Coffee Shop
- Extended opening hours for club shop
- All team jersey and other team gear orders to be placed through the Shop Committee



Branding – Shop and Club Gear



Shorts and Socks Bundle - €25!





Half Zip Top now only €45!



Club Shop Opening Hours
Saturday 11.30am – 12.30pm
Thursday 7.30pm - 8.30pm



Essentials



Helmet S/M - €50/L - €60



Hurl Grip -Small €5/Large €6



Junior Mouthguard - €10



Hurl - from €20



Football Gloves

Kids - €15 / Adult - €20



Parental Involvement/Volunteering





Parental Involvement/Volunteering

- Club activities and Volunteering needs
 - Sideline and preparation of pitches for matches and training
 - Events during the year e.g. Family Funday, Santa Etc.
 - Lotto ticket sales and Lotto Thursday Night administration
 - Bingo
 - Various committees:

Lotto Committee

Bingo Committee

Communications Committee

Bar Committee



Parental Involvement/Volunteering

- Marketing / Club Sponsorship
- Branding Advice
- Strategic Planning for future of the club
- BSJ @ 40 Committees



Q&A Responses

- When do we expect to receive fixtures to plan the season?
- When matches restart, can we look to mark out the pitches on P3 & P4
 properly and keep them marked? I'm sure we would get plenty of help if
 shown what to do
- Will all parents be asked to wear masks when dropping off and collecting their children from training?
- I have a parent on my team that would like to sponsor our team for an activity or training tops. Can this be facilitated?
- Are there any bundles/offers available in the shop for return to play such as hurls/helmet/grip deals and so on?



Q&A Responses

- Hi. What, if any, plans for a hurling wall are in place? I feel this would be a huge asset to player development. With the current Minister for Sport as our TD, Catherine Martin, this is a good time to seek funding. In terms of space I feel the small Astro pitch area in BCS could accommodate a wall plus ball alleys at side or rear of wall in order to maximise usage. There are many good examples of walls around the city. Perhaps the school soccer pitch could be relaid as part of this?
- Will new allocation of equipment be distributed in advance of our return to play?
- There was an audit done on the number of footballs each team had.
 What is the ratio of balls per team/players that we should be working with?? Can additional footballs be requested/provided?