



BSJ MINI ALL-IRELAND

CAMOGIE 2023

“The aim is that each child participates fully and that the games are played in a spirit of fun and fair play for the enjoyment of all.”

Rules: Traditional Scoring system (1pt over the bar/3pts under)

Under 6, Under 7 - First Touch Ball, re-start in the middle after a score

Under 8 - Quick Touch Sliothar, re-start in the middle after a score

- Ground Camogie only, Goalkeepers can puck out of their hands if they can.

Under 9 to Under 12 - limited solo, 4 steps + 1 touch, 1 kick (but cannot score).

- Under 9 to Under 12 Goalkeeper must put puck out ball, Goalkeeper cannot score
- Quick Touch Sliothar U9 & U10
- Smart Touch Sliothar U11 & U12

Substitutions: If there is a difference of 1 between teams - No substitutes, if a difference of 2 - Play with 1 sub or spare player is asked to play with other team to balance numbers for that match (switch at half time).

PLAYERS

- Should assemble with your team manager at designated pitch 15 mins before throw in.
- T-shirt of your team colour must be worn every evening.
- We have tried to allocate team managers to every team. In the event of insufficient numbers, we may require coaches to fill in.

MANAGERS

- Team t-shirt to be worn every evening.
- Team sizes may vary, check with referee before each game.
- **Panels may have uneven numbers. Check with Referee & Opposition Manager before each game. If you have to use subs, rotate players every 30secs.**
- Players not on your team list cannot be put on your team
- Assemble your team 15 mins before throw in at designated pitch.
- Stay off the pitch, Do not shout at or abuse the referee, set a good example to your players.
- If you have any problems with parents, please report to **Paraic or pitch coordinators** immediately.
- Only shout encouragement.
- Rotate positions-Give players a chance in every position.
- On the Final night bring your team up to Paraic for the Prize giving.